



Percy & Donna Malone
CHILD SAFETY CENTER

Make Body Safety FUN with a family body safety night!

- Talk about trusted/safe adults with your child.
- Have your child identify who they consider trusted adults.
- On a blank sheet of paper, have your child trace their hand, help your child write the names of who their trusted adults are on each finger.
- Play **what if...** scenarios:



What if...

- What if the person breaking your body safety rules is someone that we know and like? What would you do then? (Tell a trusted adult!)
- What if the person breaking a body safety rule tells you they will hurt you if you tell someone? (Tell a trusted adult!)
- What would you do if someone tricked you into playing a game that made you uncomfortable? (Remember, it's never a kid's fault if someone tricked them; Tell a trusted adult!)

DID YOU KNOW???

Anyone can call the child abuse hotline if they have reasonable suspicion that a child is being hurt. Don't sit back and wait if you need to make a report call today!

1-(800)-482-5964

BODY SAFETY RULES

1. Check First

Always talk to the person taking care of you before you change your plans. A trusted adult always needs to know where you are and what you are doing.

2. No Secrets

Surprises are fun and make us feel happy. Secrets can often make us feel nervous or even scared. Nothing should be a secret from the trusted adults in your life.

3. Talk About Touches

No touch should be a secret! We can talk about touches that are ok with us, and especially touches that are not ok with us. If you get a touch that you do not like, always tell a trusted adult.

4. Tell if someone is hurting us or

"A Place of Healing and Hope"

870-403-6879